



H1N1 Update

The word from Bear River Health Department is that we will have vaccinations for H1N1 available the first part of November. All families will receive information in the mail to give permission for their child to be vaccinated. No child will receive vaccination without parent permission. They have also told us that children nine years old or younger will have to have a series of two vaccinations 21 days apart. The district and your local school will keep you informed as to what is happening. If you have any questions on H1N1, please go to our website at www.loganschools.org and click on the H1N1 link. You can also go directly to the Bear River Health Department website at www.brhd.org. They have a link to the Center for Disease Control.

Also remember:

- Wash hands with soap throughout the day
- Use an alcohol based hand sanitizer
- If you have a cough, cover your mouth with your arm
- If you are not feeling well, please stay home until you feel better and have no fever for 24 hours after it has ended
- Avoid sharing objects that children could put in their mouths
- Work with your doctor if you feel you have the flu